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ABSTRACT OF THE DISCLOSURE

Disclosed are a light protecting sheet, capable of displaying an advertising subject of a real picture as an image of high resolution, which is advantageous in terms of low production cost, excellent productivity and light-proof characteristic, and a method for manufacturing the same. The light protecting sheet comprises an aluminum-deposited film, a transparent film coated onto one side of the aluminum-deposited film via a two-component adhesive, a white ink layer coated on the other side of the aluminum-deposited film, and a hot melt layer covering the white ink layer. In addition, such light protecting sheet can be manufactured by applying a two-component adhesive of white color on one side of an aluminum-deposited film, overlaying a transparent polyethylene terephthalate film on the adhesive, spreading white ink over the other side of the aluminum-deposited film, and coating a hot melt layer on the white ink layer.